

OPEN SWIM 8/19-8/25

MONDAY, AUGUST 19TH

Competition Pool-5:30AM-1:00pm (SC)

5:00PM-7:30PM (SC)

Outdoor Pool-1:15PM-5:00PM LC)

Program Pool-5:30AM-8:00AM

1:00PM-4:30PM

Instructional Pool-8:00AM-1:00PM

TUESDAY, AUGUST 20TH

Competition Pool-5:30AM-1:00PM (SC)

5:00PM-7:30PM(SC)

Outdoor Pool-1:15PM-5:00PM (LC)

Program Pool-5:30AM-8:00AM

1:00PM-4:30PM

Instructional Pool-8:00AM-1:00PM

WEDNESDAY, AUGUST 21ST

Competition Pool-5:30AM-1:00PM (SC)

5:00PM-7:30PM (SC)

Outdoor Pool-1:15PM-5:00PM (LC)

Program Pool-5:30AM-8:00AM

1:15PM-4:30PM

Instructional Pool-8:00AM-10:30AM

Schedule is not guaranteed.

Check out the [Live Lane Availability](#) daily for any changes.

<https://www.triangleaquatics.org/facility/open-swim/>

THURSDAY, AUGUST 22ND

Competition Pool-5:30AM-8:00AM (SC)

1:15PM-7:30PM (SC)

Outdoor Pool-1:15PM-5:00PM (LC)

Program Pool-5:30AM-12:30PM

Instructional Pool-8:00AM-12:00PM

FRIDAY, AUGUST 23RD

Competition Pool-5:30AM-1:00PM (SC)

Outdoor Pool-1:15PM-4:00PM (LC)

Program Pool-5:30AM-8:00AM

1:15PM-4:00PM

Instructional Pool-8:00AM-1:00PM

SATURDAY, AUGUST 24TH

Competition Pool-5:30AM-8:00AM (SC)

9:00AM-12:00PM (SC)

Outdoor Pool-CLOSED FOR MEET

Program Pool-5:30AM-9:00AM

Instructional Pool-8:00AM-10:30AM

SUNDAY, AUGUST 25TH

Competition Pool-CLOSED

Outdoor Pool-11:00AM-4:00PM (LC)

Program Pool-11:00AM-4:00PM

Instructional Pool-CLOSED