

2025 NAC Conference Championships - 1/25/2025

Results

Event 1 Women 200 Yard Medley Relay

1:56.99 REGA 4A Region Auto

3:30.99 REGC 4A Region Consider

Team	Relay	Finals Time	
1 MILLB	A	1:55.41	32
1) Christopherson, Virginia FR	2) Pittenger, Liv FR		
3) Buff, Isabella SR	4) Cox, Maddy JR		
28.99	32.68	28.14	25.60
2 WKFLD	A	1:57.56	26
1) Cronin, Jaelyn SR	2) Francis, Ally FR		
3) Organ, Macy SR	4) Wainio, Skylar SO		
30.62	34.06	27.77	25.11
3 HERTG	A	1:57.75	24
1) Wrenn, Emily JR	2) Madewell, Victoria FR		
3) Mitchell, Lily SR	4) Ray, Lauren SR		
30.46	32.15	29.81	25.33
4 WFRST	A	2:01.14	22
1) Mandanas, Victoria 10	2) Norris, Stella 9		
3) Skelly, Marilyn 12	4) Norris, Scarlett 9		
31.99	34.22	28.71	26.22
5 MILLB	B	2:02.68	10
1) Houtz, Haley SO	2) Dellasega, Emma JR		
3) Guptill, Mira SR	4) Muttillio, Anna FR		
30.37	35.46	29.39	27.46
6 HERTG	B	2:10.07	18
1) Paige, Marrissa SR	2) Choi, Tera FR		
3) Ellis, Sophie SO	4) Ramsey, Evie FR		
34.51	36.66	30.36	28.54
7 WKFLD	B	2:10.69	14
1) Winkle, Gracie SO	2) Sanburn, Mia FR		
3) Regan, Jackie SR	4) Scott, Bentley JR		
33.19	39.37	28.44	29.69
8 ROLES	A	2:20.27	10
1) Guinovart, Gemma SO	2) Stewart, Blake FR		
3) McFarland, Elle FR	4) McClaren, Lucy SR		
37.51	41.31	31.60	29.85
9 ROLES	B	2:32.95	8
1) Phung, Anna JR	2) Mountain, Erin SR		
3) Genty-Felipe, Jannet JR	4) Melton, Claire FR		
39.02	40.99	38.83	34.11
--- WFRST	B		DQ
Early take-off swimmer #4			
1) Blatz, Maddie 11	2) Bosch, Phoebe 10		
3) Skelly, Markela 10	4) Ramos, Aliehsa 11		
34.64	39.62	31.07	30.88

Event 2 Men 200 Yard Medley Relay

1:42.99 REGA 4A Region Auto

2:59.99 REGC 4A Region Consider

Team	Relay	Finals Time	
1 WFRST	A	1:42.72	32
1) Neudecker, Jack 12	2) Schermer, Brady 10		
3) Eickhoff, CJ 12	4) Abebe, Yaphet 12		
26.50	28.83	24.06	23.33
2 MILLB	A	1:44.21	26
1) White, Jack SR	2) Kreel, James FR		
3) Jones, Tyler JR	4) Mew, Jack JR		
26.17	28.92	25.33	23.79

3 ROLES	A	1:48.68	24
1) Young, Greyson SR	2) Clayton, Thomas JR		
3) Delos Santos, Joshua SO	4) Phung, Henderson SR		
26.50	28.51	26.58	27.09
4 HERTG	A	1:50.24	22
1) Choi, Aaron SO	2) Valentin, Scherbakov FR		
3) Slavik, Matthew FR	4) Dolotov, Nikita FR		
26.30	32.64	26.24	25.06
5 WKFLD	A	1:52.69	10
1) Brown, Gabe JR	2) Caulway, Jack FR		
3) Harrison, Joey SR	4) Webb, John FR		
28.82	34.64	23.28	25.95
6 WFRST	B	1:59.83	18
1) Nolte, Mark 10	2) Houston, Shane 9		
3) Emery, Gabe 10	4) Moujahid, Adam 12		
32.69	31.21	28.33	27.60
7 ROLES	B	2:30.14	14
1) Steelman, Carter SR	2) Moore, Brody SO		
3) Mejias-Solano, Justin SR	4) Mountain, Eric FR		
41.48	40.71	32.71	35.24
--- MILLB	B		DQ
Early take-off swimmer #2			
1) Meintel, Calvin SO	2) Massey, Dylan SO		
3) White, Logan SO	4) Hartley, Connor SO		
28.14	31.55	25.51	24.24

Event 3 Women 200 Yard Freestyle

1:58.99 REGA 4A Region Auto

2:15.99 REGC 4A Region Consider

Name	YrSchool	Finals Time	
1 Schmitz, Madison	SO ROLES	1:54.89	16
26.89	29.58	29.47	28.95
2 Miller, Braelyn	SO MILLB	1:55.28	13
26.56	29.77	29.79	29.16
3 Wrenn, Emily	JR HERTG	2:00.71	12
28.21	30.38	31.40	30.72
4 Womble, Peyton	JR MILLB	2:01.99	11
28.26	30.56	31.48	31.69
5 Norris, Scarlett	9 WFRST	2:03.20	10
28.53	30.62	32.17	31.88
6 Brown, Scotia	SR WKFLD	2:03.27	9
28.79	31.49	31.65	31.34
7 Houtz, Haley	SO MILLB	2:03.41	7
28.85	31.29	32.21	31.06
8 Organ, Macy	SR WKFLD	2:09.32	5
28.95	31.87	33.92	34.58
9 Stoner, Kennedy	SR MILLB	2:09.62	4
29.54	32.24	33.52	34.32
10 Miller, Jessica	JR MILLB	2:15.17	3
30.98	33.72	34.93	35.54
11 Wenger, Sara	JR WKFLD	2:16.94	2
30.28	34.71	36.09	35.86
12 Dellasega, Emma	JR MILLB	2:19.12	1
31.22	34.63	36.38	36.89
13 Ellis, Sophie	SO HERTG	2:25.38	
32.26	36.36	38.35	38.41
14 Garlington, Ella	11 WFRST	3:02.55	
40.85	46.10	47.32	48.28

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Event 4 Men 200 Yard Freestyle

1:48.99 REGA 4A Region Auto
2:18.99 REGC 4A Region Consider

Name	YrSchool	Finals Time		
1 Dellasega, Sam	JR MILLB	1:50.64	16	
25.51	27.81	28.26	29.06	
2 Harclerode, Cole	SO MILLB	1:53.18	13	
25.64	28.22	29.92	29.40	
3 Kline, Jackson	JR MILLB	1:54.33	12	
25.56	28.33	30.00	30.44	
4 Pittenger, Charlie	JR MILLB	2:02.00	11	
28.02	30.71	31.63	31.64	
5 Wilgus, Ben	FR MILLB	2:09.70	10	
29.65	32.73	33.94	33.38	
6 Kirby, Aden	JR HERTG	2:13.96	9	
30.62	34.02	35.29	34.03	
7 Stauff, Owen	FR WKFLD	2:14.22	7	
30.32	34.83	35.62	33.45	
8 Sellick, Stephen	SR WKFLD	2:18.10	5	
31.11	34.86	36.90	35.23	

Event 5 Women 200 Yard IM

2:12.99 REGA 4A Region Auto
2:45.99 REGC 4A Region Consider

Name	YrSchool	Finals Time		
1 Madewell, Victoria	FR HERTG	2:13.23	16	
28.85	34.93	37.74	31.71	
2 Sciaudone, Gaby	SR WKFLD	2:13.52	13	
28.74	36.55	39.62	28.61	
3 Buff, Isabella	SR MILLB	2:17.11	12	
29.35	34.18	40.98	32.60	
4 Christopherson, Virginia	FR MILLB	2:24.19	11	
30.18	35.06	44.32	34.63	
5 Choi, Tera	FR HERTG	2:24.72	10	
32.50	34.24	44.68	33.30	
6 Skelly, Marilyn	12 WFRST	2:25.13	9	
29.68	39.71	41.46	34.28	
7 Burke, Diana	FR MILLB	2:25.14	7	
31.78	36.49	43.91	32.96	
8 Cronin, Jaclyn	SR WKFLD	2:28.28	5	
31.97	35.05	45.72	35.54	
9 Allen, Scarlett	SR MILLB	2:34.70	4	
32.91	38.70	46.28	36.81	
10 Russell, Caitlyn	SO WKFLD	2:42.93	3	
35.87	41.67	47.09	38.30	
11 Skelly, Markela	10 WFRST	2:54.66	2	
35.16	44.11	53.62	41.77	
--- McFarland, Elle	FR ROLES		DQ	
Alternating Kick - fly				
33.03	36.96	45.72	34.60	

Event 6 Men 200 Yard IM

2:01.99 REGA 4A Region Auto
2:32.99 REGC 4A Region Consider

Name	YrSchool	Finals Time		
1 Choi, Aaron	SO HERTG	2:00.70	16	
25.83	30.10	36.40	28.37	

2 DeVizia, Gabe	JR MILLB	2:01.05	13	
26.61	32.14	34.36	27.94	
3 White, Jack	SR MILLB	2:03.23	12	
26.89	30.76	36.18	29.40	
4 Kreel, James	FR MILLB	2:10.00	11	
27.77	34.20	38.71	29.32	
5 Delos Santos, Joshua	SO ROLES	2:10.31	10	
27.71	35.18	36.95	30.47	
6 Dolotov, Nikita	FR HERTG	2:21.27	9	
32.32	37.36	38.53	33.06	
7 Brown, Gabe	JR WKFLD	2:21.44	7	
28.26	35.61	44.52	33.05	
8 Massey, Dylan	SO MILLB	2:26.82	5	
31.95	40.20	39.98	34.69	
9 Langheim, Henry	JR WKFLD	2:39.92	4	
31.27	39.23	51.79	37.63	
--- Houston, Shane	9 WFRST		DQ	
Butterfly kick - breast				
30.80	38.66	50.69	38.01	

Event 7 Women 50 Yard Freestyle

25.49 REGA 4A Region Auto
27.99 REGC 4A Region Consider

Name	YrSchool	Finals Time		
1 Wainio, Skylar	SO WKFLD	25.02	16	
2 Ray, Lauren	SR HERTG	25.47	13	
3 Buffum, Victoria	SO MILLB	25.68	12	
4 Cox, Maddy	JR MILLB	26.14	11	
5 Manners, Ava	JR MILLB	26.35	10	
6 Mandanas, Victoria	10 WFRST	26.97	9	
7 Muttillio, Anna	FR MILLB	27.38	7	
8 Guptill, Mira	SR MILLB	27.64	5	
9 Iannelli, Drew	JR MILLB	27.86	4	
10 Ramsey, Evie	FR HERTG	28.11	3	
11 Needham, Lila	SR MILLB	28.25	2	
12 Bowman, Kennedy	12 WFRST	28.95	1	
13 Hynes, Isabelle	JR MILLB	29.41		
14 Goodwin, Reagan	KDALE	29.79		
15 Ramos, Aliehsa	11 WFRST	30.04		
16 Miglucci, Emma	11 WFRST	30.98		
17 McGuinness, Iris	JR HERTG	31.06		
18 Lawson, Camryn	JR HERTG	31.08		
19 Dean, Jessie	SR WKFLD	31.11		
20 Ilardi, Melody	SO WKFLD	31.20		
21 Langheim, Mary	FR WKFLD	31.25		
22 Pizzola, Jayne	SO HERTG	31.53		
23 Winokur, Annabelle	SO HERTG	31.72		
24 Lancaster, Kayden	FR KDALE	31.88		
25 Chapman, Taylor	SR WKFLD	31.98		
26 Sanburn, Mia	FR WKFLD	32.41		
27 Kuhlemeier, Samantha	SR WKFLD	33.43		
28 Hopper, Reagan	SR WKFLD	33.73		
29 Glossip, Victoria	JR HERTG	33.80		
30 Ramirez, Alanis	9 WFRST	33.81		
31 Day, Nyomi	JR HERTG	34.29		
32 Pew, Skylar	JR KDALE	34.71		
33 Jones, Erin	10 WFRST	35.17		
34 O'Keefe, Emerson	12 WFRST	36.70		

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(Event 7 Women 50 Yard Freestyle)

Name	YrSchool	Finals Time
35 LaRocca, Meryl	9 WFRST	37.66
36 Capeles, Haley	SR HERTG	38.24
37 Mercil, Tyne	9 WFRST	38.41
38 Greiner, Anamarie	10 WFRST	41.74
--- Poteat, Freya	FR MILLB	X28.94
--- Taylor, Riley	FR MILLB	X30.68
--- Stotsky, Dara	FR MILLB	X30.98
--- Furnas, Ursula	JR MILLB	X31.15
--- Coats, Kelly	SR MILLB	X32.82
--- Gautschi, Libby	SO MILLB	X33.37
--- Manselle, Esther	FR MILLB	X33.96
--- Tutino, Juliet	JR MILLB	X34.69
--- Frankel, Cloey	SR MILLB	X39.23
--- Warren, Summer	SO MILLB	XNS
--- Bratteberg, Sonja	SO MILLB	XNS
--- Sant'Agata, Camden	FR MILLB	XNS

Event 8 Men 50 Yard Freestyle

22.49 REGA 4A Region Auto
24.99 REGC 4A Region Consider

Name	YrSchool	Finals Time
1 Smith, Ben	SR MILLB	21.68 16
2 Harrison, Joey	SR WKFLD	22.12 13
3 Schermer, Brady	10 WFRST	22.49 12
4 Emery, Gabe	10 WFRST	23.55 11
5 Davis, James	JR MILLB	23.80 10
6 Meintel, Calvin	SO MILLB	24.18 9
7 Waechter, Mason	SO MILLB	24.29 7
8 Mew, Jack	JR MILLB	24.49 5
9 Hartley, Connor	SO MILLB	24.53 4
10 Jones, Tyler	JR MILLB	24.57 3
11 Williams, Jackson	SR MILLB	25.12 2
12 Floyd, Foster	JR MILLB	25.45 1
13 Valentin, Scherbakov	FR HERTG	27.48
14 La, Danny	SR HERTG	27.73
15 Rivera, Aiden	11 WFRST	29.55
16 Cohen, Kevin	SR KDALE	29.67
--- Kovacs, Daniel	SO MILLB	X26.49
--- Savastano, Blake	SO MILLB	X27.74
--- Stotsky, Tyler	SR MILLB	X28.88
--- La, David	SR HERTG	DQ
Other		
--- Steelman, Carter	SR ROLES	DFS
Declared false start		
--- Mejias-Solano, Justin	SR ROLES	DFS
Declared false start		
--- Moore, Brody	SO ROLES	DFS
Declared false start		
--- Jorgensen, Jake	SO HERTG	NS
--- Baker, Colin	FR MILLB	XNS
--- Moujeahid, Adam	12 WFRST	NS

Event 9 Women 1 mtr Diving

Name	YrSchool	Finals Score
1 Matheson, Ryan	JR MILLB	214.30 16

Event 10 Men 1 mtr Diving

Name	YrSchool	Finals Score
1 Kuhlemeier, Jackson	FR WKFLD	186.45 16

Event 11 Women 100 Yard Butterfly

59.99 REGA 4A Region Auto
1:11.99 REGC 4A Region Consider

Name	YrSchool	Finals Time
*1 Madewell, Victoria	FR HERTG	1:00.70 14.5
28.42 32.28		
*1 Organ, Macy	SR WKFLD	1:00.70 14.5
28.59 32.11		
3 Womble, Peyton	JR MILLB	1:03.09 12
29.78 33.31		
4 Regan, Jackie	SR WKFLD	1:03.33 11
29.13 34.20		
5 Skelly, Marilyn	12 WFRST	1:05.18 10
30.64 34.54		
6 Guptill, Mira	SR MILLB	1:09.20 9
32.13 37.07		
7 Francis, Ally	FR WKFLD	1:10.69 7
33.03 37.66		
8 Klein, Allaire	SO MILLB	1:12.67 5
30.95 41.72		
9 Blatz, Maddie	11 WFRST	1:13.69 4
34.71 38.98		
10 Bowman, Kennedy	12 WFRST	1:15.49 3
33.51 41.98		
--- Ramirez, Alanis	9 WFRST	DQ
Alternating Kick		
41.38 54.65		

Event 12 Men 100 Yard Butterfly

54.99 REGA 4A Region Auto
1:04.99 REGC 4A Region Consider

Name	YrSchool	Finals Time
1 Eickhoff, CJ	12 WFRST	53.35 16
24.63 28.72		
2 Choi, Aaron	SO HERTG	53.74 13
25.32 28.42		
3 Waechter, Mason	SO MILLB	55.64 12
26.30 29.34		
4 Davis, James	JR MILLB	55.74 11
25.78 29.96		
5 White, Logan	SO MILLB	57.75 10
26.93 30.82		
6 Emery, Gabe	10 WFRST	1:02.06 9
28.52 33.54		
7 Smith, Mason	FR MILLB	1:03.20 7
29.47 33.73		
8 Guptill, Alex	JR MILLB	1:04.24 5
29.03 35.21		
9 Nolte, Mark	10 WFRST	1:06.21 4
30.06 36.15		
10 Sims, Jerrell	SO WKFLD	1:10.44 3
31.28 39.16		
11 Kirby, Aden	JR HERTG	1:10.90 2
32.86 38.04		

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(Event 12 Men 100 Yard Butterfly)

Name	YrSchool	Finals Time
12 Auerbach, Cole	SR WKFLD	1:12.46 1
33.21	39.25	

Event 13 Women 100 Yard Freestyle

55.49 REGA 4A Region Auto
1:02.99 REGC 4A Region Consider

Name	YrSchool	Finals Time
1 Miller, Braelyn	SO MILLB	53.52 16
25.42	28.10	
2 Ray, Lauren	SR HERTG	57.03 13
27.25	29.78	
3 Brown, Scotia	SR WKFLD	57.55 12
27.62	29.93	
4 Manners, Ava	JR MILLB	59.44 11
28.52	30.92	
5 Norris, Stella	9 WFRST	59.66 10
28.62	31.04	
6 Mandanas, Victoria	10 WFRST	1:00.22 9
29.20	31.02	
7 Allen, Scarlett	SR MILLB	1:00.36 7
28.70	31.66	
8 Scott, Bentley	JR WKFLD	1:00.48 5
28.92	31.56	
9 Wise, Charlotte	FR MILLB	1:02.63 4
29.78	32.85	
10 Iannelli, Drew	JR MILLB	1:03.87 3
30.49	33.38	
11 Needham, Lila	SR MILLB	1:04.35 2
30.60	33.75	
12 Ellis, Sophie	SO HERTG	1:05.05 1
31.47	33.58	
13 Hynes, Isabelle	JR MILLB	1:06.15
30.91	35.24	
14 Paige, Marrisona	SR HERTG	1:06.99
31.42	35.57	
15 Glossip, Victoria	JR HERTG	1:07.24
32.68	34.56	
16 McGuinness, Iris	JR HERTG	1:07.75
32.64	35.11	
17 Pai, Sania	SO WKFLD	1:07.81
32.11	35.70	
18 Miglucci, Emma	11 WFRST	1:10.30
33.19	37.11	
19 Pizzola, Jayne	SO HERTG	1:10.77
34.11	36.66	
20 Lawson, Camryn	JR HERTG	1:10.82
34.14	36.68	
21 Lancaster, Kayden	FR KDALE	1:11.00
34.45	36.55	
22 Golden, Madison	11 WFRST	1:11.31
32.46	38.85	
23 Houston, Mallory	12 WFRST	1:12.40
33.68	38.72	
24 Bosch, Phoebe	10 WFRST	1:13.43
33.96	39.47	

25 Winokur, Annabelle	SO HERTG	1:13.44
34.13	39.31	
26 Pew, Skylar	JR KDALE	1:19.32
35.86	43.46	
27 Day, Nyomi	JR HERTG	1:21.26
38.24	43.02	
28 O'Keefe, Emerson	12 WFRST	1:24.51
38.94	45.57	
29 Mercil, Tyne	9 WFRST	1:28.24
40.36	47.88	
30 Capeles, Haley	SR HERTG	1:30.63
43.81	46.82	
31 Greiner, Anamarie	10 WFRST	1:36.63
45.30	51.33	
--- LaRocca, Meryl	9 WFRST	NS

Event 14 Men 100 Yard Freestyle

49.49 REGA 4A Region Auto
55.99 REGC 4A Region Consider

Name	YrSchool	Finals Time
1 Smith, Ben	SR MILLB	47.94 16
23.30	24.64	
2 Harrison, Joey	SR WKFLD	48.70 13
23.76	24.94	
3 Kline, Jackson	JR MILLB	51.64 12
24.69	26.95	
4 Abebe, Yaphet	12 WFRST	53.12 11
24.98	28.14	
5 Jones, Tyler	JR MILLB	54.74 10
27.04	27.70	
6 Slavik, Matthew	FR HERTG	55.21 9
26.79	28.42	
7 Hartley, Connor	SO MILLB	55.35 7
26.53	28.82	
8 Williams, Jackson	SR MILLB	55.91 5
26.48	29.43	
9 Williams, Sawyer	FR MILLB	59.25 4
28.46	30.79	
10 Langheim, Henry	JR WKFLD	59.86 3
28.65	31.21	
11 Dordulaw, Raphael	FR HERTG	1:05.23 2
30.57	34.66	
12 La, Danny	SR HERTG	1:05.96 1
30.44	35.52	
13 Rivera, Aiden	11 WFRST	1:12.91
31.85	41.06	
14 Cohen, Kevin	SR KDALE	1:13.42
33.94	39.48	
--- Jorgensen, Jake	SO HERTG	DQ
No Show Penalty Event		

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Event 15 Women 500 Yard Freestyle

5:22.99 REGA 4A Region Auto
6:30.99 REGC 4A Region Consider

Name	Yr	School	Roles	Finals Time	
1 Schmitz, Madison	SO	ROLES		5:10.40	16
	28.46	30.94	31.18	31.45	
	31.68	31.30	31.51	31.75	
	31.18	30.95			
2 Sciaudone, Gaby	SR	WKFLD		5:13.61	13
	28.87	31.00	31.94	32.11	
	31.93	32.08	31.95	31.93	
	31.31	30.49			
3 Wrenn, Emily	JR	HERTG		5:23.15	12
	29.64	31.78	32.17	32.45	
	32.61	32.67	33.18	33.41	
	33.27	31.97			
4 Norris, Scarlett	9	WFRST		5:30.57	11
	29.75	32.54	32.63	33.06	
	33.56	33.82	33.93	34.27	
	34.02	32.99			
5 Mitchell, Lily	SR	HERTG		5:32.89	10
	29.19	32.39	33.62	33.80	
	33.87	34.30	33.77	34.42	
	34.20	33.33			
6 Burke, Diana	FR	MILLB		5:37.76	9
	30.71	32.87	34.66	33.78	
	34.34	34.80	34.07	34.47	
	34.27	33.79			
7 Kreel, Gwen	SR	MILLB		5:53.08	7
	29.88	33.74	36.95	36.97	
	36.19	35.35	36.22	36.12	
	36.09	35.57			
8 Muttillio, Anna	FR	MILLB		5:55.49	5
	32.19	35.33	36.02	36.08	
	36.09	36.54	36.34	36.32	
	35.93	34.65			
9 Regan, Jackie	SR	WKFLD		6:05.67	4
	32.96	36.17	37.40	37.85	
	38.00	37.85	37.32	37.45	
	35.63	35.04			
10 Wenger, Sara	JR	WKFLD		6:19.31	3
	32.18	36.14	36.96		
		39.08	39.46	40.09	
	39.92	39.55			

Event 16 Men 500 Yard Freestyle

4:54.99 REGA 4A Region Auto
6:30.99 REGC 4A Region Consider

Name	Yr	School	Roles	Finals Time	
1 Dellasega, Sam	JR	MILLB		4:55.00	16
	26.98	29.81	30.03	30.51	
	30.33	29.90	30.24	30.19	
	29.76	27.25			
2 Neudecker, Jack	12	WFRST		4:55.15	13
	27.13	29.53	30.14	30.57	
	30.58	30.47	29.79	29.84	
	29.48	27.62			

3 Eickhoff, CJ	12	WFRST		4:55.37	12
	27.31	29.90	30.30	30.48	
	30.49	30.23	30.57	29.42	
	29.32	27.35			
4 Pittenger, Charlie	JR	MILLB		5:23.02	11
	29.32	32.17	32.53	32.99	
	32.67	32.87	32.71	32.99	
	32.93	31.84			
5 Wilgus, Ben	FR	MILLB		5:44.30	10
	31.41	34.57	35.12	34.92	
	34.94	35.09	34.93	35.36	
	34.75	33.21			
6 Sellick, Stephen	SR	WKFLD		6:13.12	9
	32.85	37.38	38.39	37.79	
	38.30	38.15	39.03	38.30	
	37.05	35.88			
7 Caulway, Jack	FR	WKFLD		6:23.16	7
	31.97	37.04	39.05	40.50	
	39.98	40.31	40.09	39.06	
	38.78	36.38			
8 Phung, Henderson	SR	ROLES		7:14.44	5
	32.43	37.84	40.23	43.35	
	45.15	46.14	46.85	47.97	
	48.53	45.95			

Event 17 Women 200 Yard Freestyle Relay

1:46.99 REGA 4A Region Auto
2:59.99 REGC 4A Region Consider

Team	Relay	Finals Time	
1 MILLB	A	1:40.94	32
1) Buffum, Victoria SO	2) Cox, Maddy JR		
3) Womble, Peyton JR	4) Miller, Braelyn SO		
	25.67 25.51 25.72 24.04		
2 WKFLD	A	1:43.39	26
1) Wainio, Skylar SO	2) Brown, Scotia SR		
3) Organ, Macy SR	4) Sciaudone, Gaby SR		
	25.31 25.73 27.10 25.25		
3 HERTG	A	1:43.75	24
1) Ray, Lauren SR	2) Mitchell, Lily SR		
3) Madewell, Victoria FR	4) Wrenn, Emily JR		
	25.81 26.50 25.74 25.70		
4 MILLB	B	1:48.51	22
1) Pittenger, Liv FR	2) Allen, Scarlett SR		
3) Guptill, Mira SR	4) Manners, Ava JR		
	26.47 27.26 28.02 26.76		
5 WFRST	A	1:49.18	10
1) Mandanas, Victoria 10	2) Skelly, Marilyn 12		
3) Norris, Stella 9	4) Norris, Scarlett 9		
	27.12 27.81 27.58 26.67		
6 WFRST	B	1:58.15	18
1) Bowman, Kennedy 12	2) Ramos, Aliehsa 11		
3) Skelly, Markela 10	4) Blatz, Maddie 11		
	29.69 29.71 30.61 28.14		
7 ROLES	A	1:58.31	14
1) Guinovart, Gemma SO	2) McClaren, Lucy SR		
3) Stewart, Blake FR	4) McFarland, Elle FR		
	31.26 29.81 29.19 28.05		

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(Event 17 Women 200 Yard Freestyle Relay)

Team	Relay	Finals Time
8 WKFLD	B	2:00.06 10
1) Pai, Sania SO	2) Dean, Jessie SR	
3) Russell, Caitlyn SO	4) Francis, Ally FR	
30.93 31.33	30.72 27.08	
9 HERTG	B	2:04.78 8
1) Winokur, Annabelle SO	2) Lawson, Camryn JR	
3) Pizzola, Jayne SO	4) McGuinness, Iris JR	
31.27 31.12	31.35 31.04	
10 ROLES	B	2:09.14 6
1) Melton, Claire FR	2) Genty-Felipe, Jannet JR	
3) Mountain, Erin SR	4) Phung, Anna JR	
33.58 32.26	31.28 32.02	

Event 18 Men 200 Yard Freestyle Relay

1:33.99 REGA 4A Region Auto
2:35.99 REGC 4A Region Consider

Team	Relay	Finals Time
1 MILLB	A	1:30.21 32
1) DeVizia, Gabe JR	2) Harclerode, Cole SO	
3) Kline, Jackson JR	4) Smith, Ben SR	
23.20 23.67	22.41 20.93	
2 WFRST	A	1:33.90 26
1) Eickhoff, CJ 12	2) Abebe, Yaphet 12	
3) Neudecker, Jack 12	4) Schermer, Brady 10	
23.38 23.93	24.46 22.13	
3 MILLB	B	1:36.80 24
1) Waechter, Mason SO	2) Mew, Jack JR	
3) Jones, Tyler JR	4) Davis, James JR	
24.85 24.63	24.55 22.77	
4 HERTG	A	1:38.06 22
1) Slavik, Matthew FR	2) Valentin, Scherbakov FR	
3) Dolotov, Nikita FR	4) Choi, Aaron SO	
25.40 25.80	24.66 22.20	
5 ROLES	A	1:40.49 10
1) Phung, Henderson SR	2) Young, Greyson SR	
3) Delos Santos, Joshua SO	4) Clayton, Thomas JR	
28.89 24.48	24.03 23.09	
6 WKFLD	A	1:41.02 18
1) Harrison, Joey SR	2) Auerbach, Cole SR	
3) Webb, John FR	4) Langheim, Henry JR	
22.48 26.85	25.47 26.22	
7 WFRST	B	1:50.63 14
1) Houston, Shane 9	2) Nolte, Mark 10	
3) Rivera, Aiden 11	4) Emery, Gabe 10	
26.08 29.47	31.04 24.04	
8 HERTG	B	1:56.97 10
1) La, Danny SR	2) Dordulaw, Raphael FR	
3) La, David SR	4) Kirby, Aden JR	
29.48 29.04	30.00 28.45	
--- ROLES	B	DQ
False start		
1) Mountain, Eric FR	2) Moore, Brody SO	
3) Steelman, Carter SR	4) Mejias-Solano, Justin SR	
37.84 30.06	28.22 27.77	

Event 19 Women 100 Yard Backstroke

59.99 REGA 4A Region Auto
1:10.99 REGC 4A Region Consider

Name	YrSchool	Finals Time
1 Buff, Isabella	SR MILLB	1:01.45 16
30.13 31.32		
2 Buffum, Victoria	SO MILLB	1:01.97 13
30.55 31.42		
3 Christopherson, Virginia	FR MILLB	1:02.17 12
30.13 32.04		
4 Houtz, Haley	SO MILLB	1:02.79 11
30.45 32.34		
5 Cronin, Jaclyn	SR WKFLD	1:04.49 10
31.38 33.11		
6 Choi, Tera	FR HERTG	1:06.57 9
32.52 34.05		
7 Miller, Jessica	JR MILLB	1:07.54 7
32.83 34.71		
8 Stoner, Kennedy	SR MILLB	1:08.43 5
33.26 35.17		
9 Scott, Bentley	JR WKFLD	1:08.49 4
33.22 35.27		
10 Winkle, Gracie	SO WKFLD	1:08.53 3
33.65 34.88		
11 Wise, Charlotte	FR MILLB	1:10.87 2
34.85 36.02		
12 Blatz, Maddie	11 WFRST	1:13.85 1
36.46 37.39		
13 Paige, Marrissa	SR HERTG	1:15.42
36.05 39.37		
14 Skelly, Markela	10 WFRST	1:16.11
37.18 38.93		
15 Bosch, Phoebe	10 WFRST	1:17.74
37.20 40.54		
16 Goodwin, Reagan	KDALE	1:17.76
37.26 40.50		
17 Langheim, Mary	FR WKFLD	1:18.29
37.58 40.71		
18 Houston, Mallory	12 WFRST	1:19.18
38.91 40.27		
19 Chapman, Taylor	SR WKFLD	1:21.27
39.73 41.54		
20 Ilardi, Melody	SO WKFLD	1:21.93
39.01 42.92		
21 Hopper, Reagan	SR WKFLD	1:28.14
43.15 44.99		
22 Jones, Erin	10 WFRST	1:31.03
42.90 48.13		

Event 20 Men 100 Yard Backstroke

54.99 REGA 4A Region Auto
1:05.99 REGC 4A Region Consider

Name	YrSchool	Finals Time
1 White, Jack	SR MILLB	54.43 16
26.62 27.81		
2 Young, Greyson	SR ROLES	55.90 13
27.77 28.13		

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(Event 20 Men 100 Yard Backstroke)

Name	YrSchool	Finals Time
3 Neudecker, Jack	12 WFRST	56.53 12
27.71 28.82		
4 Harclerode, Cole	SO MILLB	58.17 11
28.44 29.73		
5 Meintel, Calvin	SO MILLB	58.29 10
28.51 29.78		
6 White, Logan	SO MILLB	1:01.89 9
30.25 31.64		
7 Brown, Gabe	JR WKFLD	1:03.04 7
30.34 32.70		
8 Slavik, Matthew	FR HERTG	1:04.56 5
31.56 33.00		
9 Floyd, Foster	JR MILLB	1:05.15 4
30.98 34.17		
10 Abebe, Yaphet	12 WFRST	1:07.31 3
31.86 35.45		
11 Stauff, Owen	FR WKFLD	1:15.98 2
37.11 38.87		
12 Sims, Jerrell	SO WKFLD	1:16.54 1
36.34 40.20		
13 Dordulaw, Raphael	FR HERTG	1:16.90
36.38 40.52		

Event 21 Women 100 Yard Breaststroke

1:07.99 REGA 4A Region Auto

1:23.99 REGC 4A Region Consider

Name	YrSchool	Finals Time
1 Pittenger, Liv	FR MILLB	1:12.03 16
33.14 38.89		
2 Mitchell, Lily	SR HERTG	1:13.70 13
34.54 39.16		
3 Wainio, Skylar	SO WKFLD	1:14.53 12
35.65 38.88		
4 Cox, Maddy	JR MILLB	1:14.81 11
35.30 39.51		
5 Norris, Stella	9 WFRST	1:15.37 10
35.37 40.00		
6 Francis, Ally	FR WKFLD	1:16.06 9
35.93 40.13		
7 Dellasega, Emma	JR MILLB	1:18.48 7
36.92 41.56		
8 Russell, Caitlyn	SO WKFLD	1:23.77 5
39.80 43.97		
9 Kreeel, Gwen	SR MILLB	1:24.95 4
39.92 45.03		
10 Ramsey, Evie	FR HERTG	1:26.93 3
40.86 46.07		
11 Golden, Madison	11 WFRST	1:29.00 2
40.64 48.36		
12 Sanburn, Mia	FR WKFLD	1:31.75 1
42.55 49.20		
13 Kuhlemeier, Samantha	SR WKFLD	1:37.20
46.07 51.13		
14 Garlington, Ella	11 WFRST	1:48.85
51.57 57.28		

--- Ramos, Aliehsa	11 WFRST	DQ
Butterfly kick		
41.37 49.46		
--- Pai, Sania	SO WKFLD	NS

Event 22 Men 100 Yard Breaststroke

1:01.99 REGA 4A Region Auto

1:14.99 REGC 4A Region Consider

Name	YrSchool	Finals Time
1 Clayton, Thomas	JR ROLES	1:01.65 16
29.30 32.35		
2 DeVizia, Gabe	JR MILLB	1:02.26 13
29.77 32.49		
3 Dolotov, Nikita	FR HERTG	1:06.37 12
30.99 35.38		
4 Schermer, Brady	10 WFRST	1:06.63 11
30.53 36.10		
5 Williams, Sawyer	FR MILLB	1:10.98 10
33.39 37.59		
6 Massey, Dylan	SO MILLB	1:11.10 9
33.17 37.93		
7 Kreeel, James	FR MILLB	1:11.46 7
32.43 39.03		
8 Allen, Oliver	FR MILLB	1:13.76 5
35.23 38.53		
9 Guptill, Alex	JR MILLB	1:13.94 4
34.43 39.51		
10 Valentin, Scherbakov	FR HERTG	1:15.10 3
35.51 39.59		
11 Caulway, Jack	FR WKFLD	1:18.77 2
36.87 41.90		
12 Auerbach, Cole	SR WKFLD	1:27.20 1
39.22 47.98		
13 La, David	SR HERTG	1:27.27
40.94 46.33		

Event 23 Women 400 Yard Freestyle Relay

3:55.99 REGA 4A Region Auto

6:15.99 REGC 4A Region Consider

Team	Relay	Finals Time
1 WKFLD	A	3:55.34 32
1) Brown, Scotia SR	2) Sciaudone, Gaby SR	
3) Cronin, Jaclyn SR	4) Scott, Bentley JR	
28.28 59.22	26.90 55.92	
29.18 1:00.87	28.38 59.33	
2 MILLB	B	3:56.41 26
1) Manners, Ava JR	2) Christopherson, Virginia FR	
3) Buff, Isabella SR	4) Pittenger, Liv FR	
28.69 1:00.40	27.43 59.78	
27.56 57.93	27.26 58.30	
3 WKFLD	B	4:13.30 24
1) Regan, Jackie SR	2) Wenger, Sara JR	
3) Langheim, Mary FR	4) Winkle, Gracie SO	
28.22 59.19	28.56 1:01.38	
32.76 1:09.91	29.61 1:02.82	

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(Event 23 Women 400 Yard Freestyle Relay)

Team	Relay	Finals Time	
4 HERTG	A	4:20.66	22
1) Ellis, Sophie SO	2) Paige, Marrisra SR		
3) Ramsey, Evie FR	4) Choi, Tera FR		
31.00 1:05.54	32.00 1:07.61		
31.21 1:06.49	29.20 1:01.02		
5 ROLES	A	4:33.06	10
1) McClaren, Lucy SR	2) Stewart, Blake FR		
3) Guinovart, Gemma SO	4) McFarland, Elle FR		
31.97 1:10.33	31.55 1:10.14		
32.71 1:10.24	29.30 1:02.35		
6 HERTG	B	4:41.81	18
1) Pizzola, Jayne SO	2) Lawson, Camryn JR		
3) Glossip, Victoria JR	4) McGuinness, Iris JR		
33.66 1:11.63	34.53 1:13.00		
32.92 1:07.92	34.02 1:09.26		
7 WFRST	A	4:45.96	14
1) Bosch, Phoebe 10	2) Bowman, Kennedy 12		
3) Houston, Mallory 12	4) Miglucci, Emma 11		
31.95 1:08.36	30.96 1:06.71		
35.01 1:14.88	35.18 1:16.01		
8 ROLES	B	4:56.92	10
1) Melton, Claire FR	2) Mountain, Erin SR		
3) Genty-Felipe, Jannet JR	4) Phung, Anna JR		
34.87 1:15.64	36.05 1:16.28		
35.28 1:12.30	33.34 1:12.70		
9 WFRST	B	5:25.59	8
1) Mercil, Tyne 9	2) Jones, Erin 10		
3) Ramirez, Alanis 9	4) Golden, Madison 11		
37.40 1:21.67	37.38 1:20.91		
32.13 1:14.39	40.33 1:28.62		
--- MILLB	A		DQ
False start			
1) Miller, Braelyn SO	2) Houtz, Haley SO		
3) Womble, Peyton JR	4) Buffum, Victoria SO		
25.99 54.27	27.63 57.78		
27.55 57.47	27.09 57.54		

Event 24 Men 400 Yard Freestyle Relay

3:27.99 REGA 4A Region Auto
5:45.99 REGC 4A Region Consider

Team	Relay	Finals Time	
1 MILLB	A	3:30.34	32
1) Smith, Ben SR	2) Dellasega, Sam JR		
3) Kline, Jackson JR	4) DeVizia, Gabe JR		
25.98 52.81	24.73 52.39		
24.49 51.89	25.34 53.25		
2 MILLB	B	3:33.79	26
1) Davis, James JR	2) Harclerode, Cole SO		
3) Waechter, Mason SO	4) White, Jack SR		
25.92 53.12	25.49 54.25		
25.63 53.52	24.77 52.90		
3 ROLES	A	3:47.03	24
1) Phung, Henderson SR	2) Delos Santos, Joshua SO		
3) Young, Greyson SR	4) Clayton, Thomas JR		
30.16 1:03.78	25.33 54.04		
26.84 55.52	25.90 53.69		

4 WKFLD	A	4:04.44	22
1) Webb, John FR	2) Stauff, Owen FR		
3) Caulway, Jack FR	4) Brown, Gabe JR		
29.85 1:01.81	29.65 1:02.65		
30.44 1:03.46	26.54 56.52		
5 HERTG	A	4:28.81	10
1) Dordulaw, Raphael FR	2) Jorgensen, Jake SO		
3) La, Danny SR	4) Kirby, Aden JR		
32.15 1:08.15	33.94 1:14.33		
30.09 1:05.67	29.38 1:00.66		
--- ROLES	B		DQ
Early take-off swimmer #4			
1) Mountain, Eric FR	2) Steelman, Carter SR		
3) Moore, Brody SO	4) Mejias-Solano, Justin SR		
46.72 1:43.15	32.10 1:09.47		
31.34 1:09.11	29.36 1:05.57		

Combined Team Scores**Combined Team Scores - Through Event 24**

1. Millbrook High School	990
2. Wakefield High School	449.5
3. Heritage High School	388.5
4. Wake Forest High School	367
5. Rolesville High School	206

Scores - Women**Women - Team Rankings - Through Event 24**

1. Millbrook High School	456
2. Wakefield High School	298.5
3. Heritage High School	243.5
4. Wake Forest High School	163
5. Rolesville High School	90

Scores - Men**Men - Team Rankings - Through Event 24**

1. Millbrook High School	534
2. Wake Forest High School	204
3. Wakefield High School	151
4. Heritage High School	145
5. Rolesville High School	116