

OPEN SWIM 11/30-12/8

SATURDAY, NOVEMBER 30TH

Competition Pool-5:30AM-6:30AM (SC)

2:00PM-4:30PM (SC)

Outdoor Pool-CLOSED

Program Pool-CLOSED

Instructional Pool-8:00AM-10:30AM

SUNDAY, DECEMBER 1ST

Competition- 11:00AM-3:30PM (SC)

Outdoor Pool-11:00AM-3:30PM (LC)

Program Pool-CLOSED

Instructional Pool-CLOSED

MONDAY, DECEMBER 2ND

Competition Pool-5:30AM-6:30AM (SC) (5 LANES)

7:00AM – 8:00AM (SC) (2 LANE)

11:00AM-1:30PM (SC)

Outdoor Pool- 1:30PM-3:00PM (SC)

Program Pool- 5:30AM-6:30AM (2 LANES ONLY)

8:00AM-11:00AM

Instructional Pool-8:00AM-11:00AM

TUESDAY, DECEMBER 3RD

Competition Pool- 11:00AM-1:00PM (SC)

Outdoor Pool-1:15PM-3:00PM (SC)

Program Pool-5:30AM-6:30AM (2 LANES)

8:00AM-11:00AM

Instructional Pool-8:00AM-11:00AM

WEDNESDAY, DECEMBER 4TH

Competition Pool-5:30AM-6:30AM (SC) (6 LANES)

11:00AM-1:30PM (SC)

Outdoor Pool-1:30PM-3:00PM (SC)

Program Pool-5:30AM-6:30AM (2 LANES)

8:00AM-11:00AM

Instructional Pool-8:00AM-11:00AM

THURSDAY, DECEMBER 5TH

Competition 5:30AM-6:30AM (SC) (6 LANES)

6:30AM-8:00AM (SC) (2 LANES)

11:00AM-1:15PM (SC)

Outdoor Pool-1:15PM-3:00PM

Program Pool-5:30AM-6:30AM (2 LANES)

8:00AM-11:00AM

Instructional Pool-8:00AM-11:00AM

FRIDAY, DECEMBER 6TH

Competition Pool-5:30AM-6:45AM (SC) (8 LANES)

Outdoor Pool-CLOSED FOR MEET

Program Pool-CLOSED FOR MEET

Instructional Pool-8:00AM-11:00AM

SATURDAY, DECEMBER 7TH

Competition Pool-CLOSED FOR MEET

Outdoor Pool-CLOSED FOR MEET

Program Pool-CLOSED FOR MEET

Instructional Pool-8:00AM-10:30AM

SUNDAY, DECEMBER 8TH

Competition- CLOSED FOR MEET

Outdoor Pool-CLOSED FOR MEET

Program Pool-CLOSED FOR MEET

Instructional Pool-CLOSED FOR MEET

Check out the [Live Lane Availability](#) daily for any changes.

<https://www.triangleaquatics.org/facility/open-swim/>