

OPEN SWIM 9/07 - 9/15

SATURDAY, SEPTEMBER 7TH

Competition Pool-5:30AM-6:30AM (SC)

Outdoor Pool- 2:15PM-4:00PM (SC)

Program Pool-1:45PM-4:30PM

Instructional Pool-8:00AM-10:30AM

SUNDAY, SEPTEMBER 8TH

Competition Pool-CLOSED

Outdoor Pool- 11:00AM-3:30PM (LC)

Program Pool-11:00AM-3:30PM

Instructional Pool-CLOSED

MONDAY, SEPTEMBER 9TH

Competition Pool-8:00AM-1:30PM (SC)

Outdoor Pool- 1:30PM-3:00PM (SC)

Program Pool-5:30AM-8:00AM

12:00PM-3:00PM

Instructional Pool-8:00AM-12:00PM

TUESDAY, SEPTEMBER 10th

Competition Pool- 10:00AM-12:30PM (LC)

Outdoor Pool-1:15PM-3:00PM (SC)

Program Pool-5:30AM-10:00AM

12:00PM-3:15PM

Instructional Pool-8:00AM-12:00PM

WEDNESDAY, SEPTEMBER 11th

Competition Pool-10:30am-3:00pm (SC)

Outdoor Pool-1:30PM-3:00PM (SC)

Program Pool-5:30AM-10:30AM

Instructional Pool-8:00AM-1:00PM

THURSDAY, SEPTEMBER 12th

Competition Pool-10:00AM-12:30PM (LC)

Outdoor Pool-1:15PM-3:00PM (SC)

Program Pool-5:30AM-10:00AM

12:00PM-3:00PM

Instructional Pool-8:00AM-12:00PM

FRIDAY, SEPTEMBER 13th

Competition Pool-5:30AM-8:00AM (SC)

11:00AM-1:30PM (SC)

Outdoor Pool-1:30PM-3:00PM (SC)

Program Pool-8:00AM-3:15PM

Instructional Pool-8:00AM-11:00AM

SATURDAY, SEPTEMBER 14TH

Competition Pool-5:30AM-6:30AM (SC)

Outdoor Pool-2:15PM-4:00PM (SC)

Program Pool-2:00PM-4:30PM

Instructional Pool-8:00AM-10:30AM

SUNDAY, SEPTEMBER 15TH

Competition Pool-CLOSED

Outdoor Pool-11:00AM-3:30PM (LC)

Program Pool-11:00AM-3:30PM

Instructional Pool-CLOSED

Check out the [Live Lane Availability](#) daily for any changes.

<https://www.triangleaquatics.org/facility/open-swim/>